



Leading the celebration: Ending the year with excitement, accomplishment, and renewed energy

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Link to slides: https://learningforward.org/wp-content/uploads/2023/05/Webinar_Final_5-11-23.pdf

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Resources from panelists

- [Article: “Educators value social and emotional skills. Here’s how to build them”](#)
- [Article: “To make SEL stick, align school and out-of-school time”](#)
- [The Wallace Foundation, Social and Emotional Learning Knowledge Center](#)
- [The Wallace Foundation, Let’s Talk Social and Emotional Learning Podcast](#)
- [Sherpa Coaching Process for Self-Maintenance](#)
- [8 Ways to Reduce Stress, Part I](#)
- [8 Ways to Reduce Stress, Part II](#)
- [8 Ways to Reduce Stress, Part III](#)
- [Self-Care Assessment Worksheet](#)
- [Second Step SEL for Adults](#)
- [Coming soon: New Teacher Self-Care Video Series](#)
- [Mental Health Awareness, Various Topics](#)

Learning Forward resources:

- [2023 Annual Conference, December 3-6, Washington, DC](#)
- [Curriculum-Based Professional Learning Network, Interest Meetings May 16 & 24](#)
- [Explore our upcoming online courses](#)
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