

Happy YOUiversity has created a program designed to foster a sense of belonging and community in schools. Science tells us that intentionally building positive relationships and connection in the classroom will create an atmosphere of safety and an optimal environment for learning. Students who feel a sense of belonging and connection in the classroom perform better academically, are more attentive to their teacher and are more connected to their peers. In just twelve days, for 15 minutes a day, you can begin to make changes in your classroom and school that will build lasting trust and positive results.

Join Happy YOUiversity for Positive Relationships: Creating a Culture of Connection and Belonging and learn how to:

- Create a sense of belonging and community in your classroom
- Strengthen connections with your students
- Become others centered to boost your own happiness
- Help your students deepen connections with each other
- Increase student engagement, motivation and learning
- Reach beyond your classroom and be a Social Emotional Leader in your school community

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