**Continuous Learning Preschool Lesson Plan**

**Date/Week:** March 30 - April 3 **Letter of the Week:** Jj

**Weekly Objectives:**

We can identify and produce the letter Jj and its sound. We can find numbers 1-5.

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| **Daily Routines** | **Social/Emotional** | **Family Project** | **Motor Skills (fine/gross)** |
| On SeeSaw with Mrs. Tabatha - I Love You Ritual Name Writing Practice  | Talk to your child about how they are feeling each day. Talk about what to do when you have a big feeling, and let them demonstrate the calming techniques they know (be a STAR, pretzel, balloon, or drain!) | Back Yard Scavenger Hunt | When holding writing utensils, work with your child on holding the utensil with a 3 finger grasp. Work on throwing and catching a ball, see how many times you can do it together without dropping! |
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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Literacy:**Teacher Video or Caregiver-taught (approx 5 min)Hands-On Activity(approx 10 min) | -Letter J song Wonders-Find J on your Alphabet Chart and circle with dry erase markers-Make a J with pipe cleaner(cut into 2 pieces) |  | -Find 3 things in your house that start with /J/ sound- jump jog and jiggle while saying letter Jj sound- Parent/Caretaker makes letter Jj from playdough..students make Jj from model  |  | -Color ABC book-letterJ -Letter ID page  jaguar page-Find all Jj color in dot with crayons |
| **Math:**Teacher Video or Caregiver-taught (approx 5 min)Hands-On Activity(approx 10 min) |  | **Warm Up:** Practice Counting 10, Do 10 Jumps**Activity:** Number Find - color/cover the numbers 1, 2, 3 |  | **Warm Up:** Practice Counting 10, Do 10 hops on one foot**Activity:** Number Find - color/cover the numbers 4 and 5 |  |
| **Brain Break:** Music & Movement(approx 5 minutes - do between sit-down activities) | Freeze Dance - play any favorite song, pause it at intervals, and when the music stops, everyone has to FREEZE! | YouTube - Koo Koo Kangaroo “Milkshake”orSing “Twinkle Twinkle Little Star” with actions | YouTube - The Learning Station “Herman the Worm”orSing “The Wheels on the Bus” with actions | YouTube - Koo Koo Kangaroo “The Coolest Person”orSing “You are My Sunshine” with actions | FRIDAY DANCE PARTY - let your child pick the song, and everyone dance together! |
| **Story Time:** (video from teacher, online read aloud, or read by caregiver) (approx 5 minutes) | Listen along on SeeSaw with Mrs. Tabatha - *Brown Bear, Brown Bear***or**Read a book from home | Listen along with Mrs. Tabatha - *Who Has These Feet?***or**Read a book from home | Listen along with Mrs. Tabatha - *From Head to Toe***or**Read a book from home | Listen along with Mrs. Tabatha - *There’s a Giraffe in my Soup***or**Read a book from home | Listen along with Mrs. Tabatha - *100 Ninjas at the Zoo***or**Read a book from home |

**Offer ideas/suggestions for extended learning:** 30-60 minutes of outdoor play, 10-20 minutes of reading with family (books of their choice) and 90+ minutes of imaginative play

**Literacy Directions for Families:**

**Monday-**Click on the video link to the Letter of the Week song (J), sing along together. Get out laminated Alphabet Chart. (You will use this alphabet chart weekly and possibly daily. You might consider posting this up somewhere in your house for consistent visibility and ease of access.). **Sing** **your ABC’s pointing to each letter** on the chart. Have your child find the letter Jj on the Alphabet chart and circle it. Say, “The uppercase J has a curved line AND a straight line, doesn’t it.” Get out the 2 pieces of pipe cleaners and have your child move and shape it into an uppercase J. Check and give positive feedback. It will not be perfect and that is ok. Then have them make a lowercase j with the pipe cleaners.

**Wednesday-**Have your child look around the house and go on a Jj sound “scavenger hunt.” Can they find 3 things that start with juh juh juh? Give them time to try but after a few minutes if they can not find anything, help them. (some suggestions/hints: jello cups in the fridge, jar, jam, jacket, jeans, jewelry). Using playdough parent/caretaker will roll out the letter J while making the letter sound (juh-juh-juh). **Leave the model**. Have the student do the same rolling out a letter “j” while making the letter sound. Repeat with lowercase “j”.

**Friday-**Get out laminated Alphabet Chart. (You will use this alphabet chart weekly and possibly daily. You might consider posting this up somewhere in your house for consistent visibility and ease of access.). **Sing** **your ABC’s pointing to each letter** on the chart. Have your child find the letter Jj on the Alphabet chart and circle it. Next you will find the letter “Jj” page. Say, “This page has LOTS of letters, and all of the “Jj’s” are hiding! We have to find the “Jj’s” and color them in! You get to be the letter detective!” Help your student find the “Jj’s” and color them in. Lastly, have the child open their My ABC book and find the letter J. You can point to the letter J on their alphabet chart or give them the letter J flashcard to look at and help them to find the matching picture. Say “ Find the letter Jj page with the picture of a jar. Please assist them if necessary. The child will color the Jar and trace the Jj.

**Math Directions: for Families:**

**Tuesday** - Practice counting to 10 with your student and doing 10 jumps while you count. Show your student the number “One” page, and have them trace the number the child is holding with their finger. Repeat this process for numbers 2-3, up to your child’s interest level/attention span. Other numbers can be completed Thursday or later in the week.

**Thursday** - Practice counting to 10 with your student and doing 10 hops on one foot while you count. Repeat the directions from Tuesday from the remaining numbers! Repeat this process through number 5 up to your child’s interest level/attention span. Space this out as needed! Follow your child’s lead, with gentle encouragement to focus for 2-5 minutes at a time.

**Extending the learning:** Look for numbers around your house/on food boxes/on TV and see if your child can identify them!