# The LEADING Teacher

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EVERY EDUCATOR ENGAGES IN EFFECTIVE PROFESSIONAL LEARNING EVERY DAY SO EVERY STUDENT ACHIEVES

# Build higher levels of job satisfaction

COLLEGIALITY, LEADERSHIP ARE KEY FACTORS FOR TEACHERS

# **By Anthony Armstrong**

eacher job satisfaction has dropped dramatically in just two years. In 2009, 59% of teachers were very satisfied with their jobs. In 2011, that number dropped to 44%, according to *The MetLife Survey of the American Teacher: Teachers, Parents and the Economy,* (MetLife, 2011, p. 13). This represents the largest drop in teacher satisfaction since the annual *MetLife Survey of the American Teacher* first started tracking teacher satisfaction in 1984, and the lowest level of teacher satisfaction in

the past 24 years.

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A recent research paper from The Project on the Next Generation of Teachers at the Harvard Graduate School of Education examines how working conditions predict teachers' job satisfaction and

career plans. The study found that working conditions were the most important factor in teacher satisfaction: "Teachers who teach in favorable work environments report that they are more satisfied and less likely to plan to transfer or leave the profession than their

peers in schools with less favorable conditions, even after controlling for student demographics and other school and teacher characteristics" (Johnson, Kraft, & Papay, 2012, p. 5).

The same study went on to make the link between teacher satisfaction and student achievement growth (Johnson, Kraft, & Papay, 2012, p. 5), so the importance of teacher satisfaction cannot be overstated.

One of the study's goals was to determine which factors within favorable working environments are most important for predicting teachers' job satisfaction. Interestingly, the conditions most important for teacher satisfaction were "the ones that shape the social context of teaching and learning" (Johnson, Kraft, & Papay, 2012, p. 27). While typical working condition requirements were important, such as safe facilities, adequate resources, and lesson preparation time, the study found that the three most important elements for teacher satisfaction are

- Collegial relationships, or the extent to which teachers report having productive working relationships with their colleagues;
- 2. The principal's leadership, or the extent to which teachers report that their school leaders are supportive *Continued on p. 4*



Taryl Hansen, director of teacher leadership for the Arizona K12 Center, creates an atmosphere of collegiality through games such as Jenga that offer what she calls equity of voice.



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# **COVER STORY** Build higher levels of job satisfaction

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- and create school environments conducive to learning; and
- School culture, or the extent to which school environments are characterized by mutual trust, respect, openness, and commitment to student achievement. (Johnson, Kraft, & Papay, 2012, p. 25)

While a large portion of these elements requires principal and district-level support, teacher leaders have the ability to affect collegial relationships and create a culture of "trust, respect, openness, and commitment to student achievement" (Johnson, Kraft, & Papay, 2012, p. 6) through learning communities that provide teachers with safe learning environments and give teachers the ability to contribute to the learning.

### **CREATE A SAFE LEARNING ENVIRONMENT**

For Susan Schmidt, a course facilitator for the Boston Teacher Leadership certificate program, strong collegial relationships start with creating a safe learning environment through trust and confidentiality. "Trust grows from being able to act without fear of judgment," said Schmidt. "Everyone has had different experiences with their teacher preparation and teaching careers, so it is important to listen to each other and find the common ground upon which to connect."

Bryk, Camburn, and Louis (1999) found social trust to be "[b]y far the strongest facilitator of professional community" in learning communities (as cited in Johnson, Berg, & Donaldson, p. 74).

Building trust, Schmidt said, goes hand-in-hand with

### Teacher satisfaction: PROFESSIONAL LEARNING

The recent *MetLife Survey of the American Teacher* provides insight into the role of professional learning in teacher satisfaction.

**72%** of teachers with low job satisfaction (vs. **86%** with high) reported that their school or district provides adequate opportunities for professional development.

**44%** of teachers with low job satisfaction (vs. **27%** with high) reported that time to collaborate with other teachers has decreased during the past 12 months.

††† † 133% of teachers with low job satisfaction (vs. 20% with high) reported that there has been a decrease in professional development opportunities during the past 12 months.

**Source: MetLife. (2011).** The MetLife survey of the American teacher: Teachers, parents and the economy. New York: Author. Available at www.metlife.com/teachersurvey.

confidentiality. "People have to trust that when they share their experiences at a particular school, the comment is kept confidential and not repeated inappropriately." Because teachers have had different, and sometimes negative, experiences with learning environments that were not confidential, Schmidt creates norms for collegial interactions and steers the conversations away from negative critiquing and towards a focus on problem-solving.

Taryl Hansen, director of teacher leadership for the Arizona K12 Center, agrees that a safe learning environment is critical because it allows teachers to be vulnerable as they undergo reflective learning. "When teachers share aspects of their practice, they reveal part of their identity. It is the heart and soul of who they are," said Hansen. "When they step into a collaborative circle of highly qualified colleagues with whom they can challenge themselves, they hold a proverbial mirror up to their practice and can be vulnerable enough to tackle their own misconceptions about themselves and their students. In order to think about ways they can improve and feel good about their strengths, they need to be vulnerable enough to share with people things about their practice they need to change."

Hansen helps create an atmosphere of collegiality through games that offer what she calls equity of voice. "Teachers who aren't contributing to the conversations feel put on spot if they are called out," explained Hansen. "Games probe deeper into the learning by helping them feel safe and comfortable in not always knowing what is going to come out of their mouth."

For example, Hansen will use the popular building blocks game Jenga to drill deeper into topics. She numbers the building blocks in the game and assigns a sentence stem and topic to that number. When a teacher draws a building block with the number, he or she would have to complete a sentence stem, such as "Because I know\_\_\_\_\_, I do\_\_\_\_, which impacts student learning by \_\_\_\_\_." As the players continue to take turns, they must think of new ways to fill in the sentence stem, so the activity requires increasing amounts of complex and critical thinking. Eventually, players will start to collaborate with each other to generate new ideas for completing the sentence stem, said Hansen. "The sentence stem gives them a safety net," she explains. "It grounds their conversations and makes them feel competent and confident as they talk about things that made a distinct difference in classroom. It reminds them of how skillful they are and gives everyone a safe way to contribute and share something outside of the box. They feel their perspectives will be valued and not criticized, so it gives teachers an environment of respect. They hear one another and can go deeper. They know others can help them, so they feel safe to explore what's not working."

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### **PROVIDE OPPORTUNITIES FOR TEACHERS TO CONTRIBUTE**

Safe learning environments are not enough, though. Teachers need to have opportunities to contribute to the learning, whether it is through sharing with other teachers or joining and influencing conversations about the learning.

"It's not enough to just collaborate," said Hansen. "Teachers must have a sense that the collaboration is meaningful and applicable. Teachers become advocates for their profession by taking what they learn and modeling it for others. They must walk away inspired and eager to share what they have learned."

According to 2009's The MetLife Survey of the American Teacher: Collaborating for Student Success, teachers with high job satisfaction were more likely to work in schools with higher levels of collaboration (MetLife, 2009, p. 39). Positive relationships have been established between student achievement and norms of interaction that give teachers the opportunity to contribute to the learning of their colleagues, including "teachers' readiness to discuss classroom practice, their mutual observation and critique of teaching, their shared efforts to design and prepare curriculum, and their joint participation in the business of instructional improvement" (Johnson, Berg, & Donaldson, 2005, p. 69).

In addition to contributing to the learning of their colleagues, opportunities to contribute to the professional learning plan, school governance, decision making, and education policies have also been shown to increase teacher satisfaction (Johnson, Kraft, & Papay, 2012, p. 25). Developing teacher leadership has been shown to be important in sustaining teacher satisfaction as well. "Researchers have found teachers to have a greater level of satisfaction when they hold roles that enable them to participate in decisionmaking processes around schoolwide policies," with a correlation between the amount of teacher input on schoolwide policies and increased teacher retention (Berg & Souvanna, 2012, p.7).

Schmidt encourages teachers to start with contributions within their realm of influence. "Teachers are often not decision makers for what happens at the school or district level," said Schmidt, "but what is in their control are their students and their classrooms. Teachers have access to student and classroom data. They can work together, looking at instruction, monitoring progress, measuring results, and communicating those results to the principal. This expands their spheres of influence."

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### **Teacher satisfaction: COLLABORATION**

**1 86%** of teachers with high job satisfaction (vs. 72% with low) are likely to strongly agree that the teachers in a school share responsibility for the achievement of all students.

**56%** of teachers with high job satisfaction (vs. **44%** with low) are likely to strongly agree that other teachers contribute to their success in the classroom.

**59%** of teachers with high job satisfaction (vs. **40%** with low) are likely to strongly agree that the teachers, principals and other school professionals at their school trust each other.

**Source: MetLife. (2009).** The MetLife survey of the American teacher: Collaborating for Student Success. New York: Author. Available at www.metlife.com/teachersurvey.

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