B TEACHERS TEACHING TEACHERS

Inside

- Tool kit for tough times, pp. 4-6
- Teacher leaders connect online, p. 7
- Coaches use a mix of strategies, p. 9

April 2011

Vol. 6, No. 7

EVERY EDUCATOR ENGAGES IN EFFECTIVE PROFESSIONAL LEARNING EVERY DAY SO EVERY STUDENT ACHIEVES

Leading teachers during tough times



By Joellen Killion

imes are tough in schools, particularly in North America, where budgets for public education are being cut in state and provincial government funds. The size of these cuts leaves little room for avoiding reductions in staff. In many school systems, the decisions about how to reduce staff are clearly delineated within contractual language and agreements between school systems and staff associations. Staff reductions anywhere often begin a domino effect of changes that leave many staff unsettled,

5 STRATEGIES HELP LEADERS SUPPORT THEIR TEACHERS

anxious, and frustrated. When staff in schools harbor these feelings, it is difficult to hide them from students and community members. Recent news stories about teachers and other public workers protesting reductions in public education funding and roll backs in bargaining rights have brought students' voices into the streets, council chambers, and government offices.

In tough times, coaches and teacher leaders often become sounding boards for those who want to vent or to seek assistance. As influential leaders in schools and school systems, coaches and teacher leaders are perceived as people who can change or fix things. This is a high honor and has often been demonstrated by these key leaders through their daily interactions with their colleagues. How leaders respond and facilitate interactions during difficult times can alleviate some of the pain people experience. Leadership in difficult times is even more challenging when leaders' own positions may be in jeopardy. This is particularly true for many school coaches.

1. Align words with actions

Coaches and teacher leaders want to support their colleagues by maintaining a forum for honest interaction and a safe place for expressing personal concerns. They consider their priorities and goals for this support and choose appropriate strategies that are professionally respectful and personally supportive. To accomplish these goals, they will use strategies that honor individual perspectives, maintain *Continued on p. 2*



Learning Forward is a nonprofit, international membership association of learning educators committed to advancing professional learning for student success. **www.learningforward.org**

Continued from p. 1

civility, and arouse compassion in our conversations with one another.

2. Listen sincerely

Perhaps no other strategy is more important now than listening to one another, not with mind or ears, but rather with hearts. Deep listening calls for silence; the listener doesn't interrupt to tell his or her own story or respond on a rational level. It calls for the listener to be centered, to hold the person speaking within the listener's heart. Listeners can do this by putting all their energy and focus into the speaker and to receive the message spoken without interpreting it, arguing with it, or even repeating the content. Rather, the listener accepts, acknowledges, and honors the person by

Learning Forward BELIEF

Sustainable learning cultures require skillful leadership. recognizing how the speaker feels. Listeners use patience to wait for the speaker to continue rather than interrupting with their desire to say something insensitive, such as, "I am sure it will be all right," or, "No one likes change except a wet baby."

Tough times call for coaches and teacher leaders to acknowledge the scope of what they can control and influence. In working with individuals or teams, they have substantial in-

fluence and minimal control. What they do control is their own feelings, words, and actions. They influence others through their behaviors. Being caught up in the frenzy and exhibiting negativity makes it more difficult for leaders to listen deeply and honestly. Their stances influence how they are perceived. Neutrality opens them to understand fully the perceptions of others and makes them more inviting partners in these difficult times. Coaches and teacher leaders can be honest about their feelings, yet want to be cautious about projecting their feelings on anyone else.

3. Recognize concerns

Remembering that people respond to change in unique ways is particularly helpful to coaches and teacher leaders in tough times. The Concerns-Based Adoption Model's Stages of Concern help us understand that educators respond to change in different ways with a ladder of concerns. The first type of concern is frequently a personal one. Because educators serve students and their families, community members are surprised when any educator thinks about himself or herself first. The politically correct response is to express worry about the consequences for students from these changes. Increased class size, fewer enrichment opportunities, reduction in fine arts programs, and pay-to-play are just some of the negative effects on students. This is what we want educators to speak about when budget reductions occur. Yet, they have personal concerns. Educators have families to feed, mortgages to pay, and college tuition bills

for themselves and their children.

Coaches and teacher leaders recognize and accept that personal concerns are natural responses to change. Honoring these responses and making room for their expression in interactions conveys personal support for the speaker. When coaches and teacher leaders take time to listen and to understand the scope of an individual's concerns, they help the speaker know that someone cares for him or her as a person. Change research suggests that recognizing and addressing concerns in the way they are expressed is one strategy for moving concerns from the personal level to the other levels of task and impact. Recognizing and addressing change occurs best by listening deeply.

Teaching about change and how people respond to it is another strategy for responding to those experiencing it. Coaches and teacher leaders might use opportunities in team meetings, faculty meetings, and even in one-on-one conversations to ask permission to share a few key ideas about change. Chief among those ideas would be that change is a deeply personal experience, so how one person responds will not match how another responds. Another key idea is the notion of personal concern often coming before task or impact concerns. This means that someone experiencing change is likely to be self-focused rather than student-focused. Understanding this principle about change helps a coach or teacher leader avoid judging a colleague for worrying about his or her own well-being.

4. Make sense of transitions

William Bridges, author of *Transitions: Making sense of life's changes* (2004) and *Managing transitions: Making the most of change* (2009), has researched and written about change in personal and organizational settings. One of the most troubling aspects of change, according to Bridges, is that organizations focus on the change and less on the transition. The change addresses the structure, people, organization, budget, programs, and environment, while the transition addresses the emotional side of change initiatives. Bridges describes it as situational. The focus on the transition — how people face the changes around them — distinguishes a constructive change from a destructive change. Transition is psychological.

Bridges identifies three stages of the transition. The first phase is ending. Endings provide opportunities to celebrate and mark the elimination of beloved programs or services. Endings allow letting go. The next stage is called the neutral zone. It resembles the fields in winter lying fallow while the earth rebuilds by composting nutrients left from the harvested crops. Many people experiencing transition are frustrated with the loss of clarity or drive during the neutral stage, yet it is a natural part of growth. The last phase is beginning. In this stage, people are refocusing, healing, re-*Continued on p. 3*

COVER STORY Tough times

Continued from p. 2

grouping, and starting afresh. In the beginning stage, people set new goals, have high energy, and recommit to their work. Kurt Lewin (1947) refers to this process of change as unfreezing, changing, and refreezing.

Coaches may be hesitant to talk with colleagues about losses, yet doing so can help colleagues enter the ending stage. Encouraging others to share what they valued about what is being lost and what they will miss most begins the process of letting go. Coaches may want to help people prepare for the neutral stage by explaining what happens naturally during that phase. They might want to encourage colleagues to meet together during the summer, write in a journal, or take time for personal reflection. Coaches too will want to plan for the new beginning that will begin next school year and encourage each colleague to engage in both individual and professional goal setting as well as school and team goal setting.

5. Honor choices

Each person makes a choice about how he or she responds to change, and that choice must be honored. Some respond from the perspective of a victim. Victims believe they are at the mercy of the forces around them and have no ability to alter their fate. They often take a negative and helpless approach to change. Others take a more proactive approach to change, recognizing that they are able to make choices about their situation. They can choose to take action to make the best of their situation. They may begin polishing their resume if they know their position is being eliminated. They may ask others to remember them as they talk with colleagues in other schools or districts. They might even consider other positions or opportunities both within and outside education.

Tough times test personal and professional strengths. Coaches and teacher leaders support their colleagues in tough times by aligning their words with actions, listening deeply, recognizing concerns, focusing on the transition process, and honoring individuals regardless of how they choose to handle the changes they experience.

References

Bridges, W. (2004). *Transitions: Making sense of life's changes*. Cambridge, MA: Da Capo.

Bridges, W. (2009). *Managing transitions: Making the most of change.* Cambridge, MA: Da Capo.

Lewin, K. (1947). Group decision and social change. In *Readings in Social Psychology*, T. M. Newcomb & E. L. Hartley (eds.). New York: Henry Holt and Co., 340-44.

Joellen Killion (joellen.killion@learningforward.org) is deputy executive director of Learning Forward. [®]

Teachers Teaching Teachers is published eight times a year by Learning Forward, 504 S. Locust St., Oxford, OH 45056. © Copyright, Learning Forward, 2011. All rights reserved.



Learning Forward is the new name of the National Staff Development Council.

COPY/REPRINT POLICY

All content in *Teachers Teaching Teachers (T3)* is copyright protected by Learning Forward and may not be copied or reprinted without permission.

Please see www.learningforward.org/library/publications/ permpolicy.cfm for details as well as a form for submitting a request.

BACK COPIES

Articles from all Learning Forward publications are available at no additional charge to members in the members-only area of the Learning Forward web site. Nonmembers may purchase and download individual articles or entire publications for a fee.

LEARNING FORWARD STAFF

Executive director Stephanie Hirsh

Deputy executive director Joellen Killion

Director of business services Leslie Miller

Director of learning Carol François

Director of strategy and development Frederick Brown

Associate director of publications Tracy Crow

Associate director of member experience Tom Manning

Associate director of special projects Jacqueline Kennedy

Distinguished senior fellow Haves Mizell

Scholar laureate Shirley Hord

BUSINESS OFFICE

504 S. Locust St. Oxford OH 45056 513-523-6029 800-727-7288 Fax: 513-523-0638 office@learningforward.org www.learningforward.org

BOARD OF TRUSTEES

Mark Diaz (2012) President Julie Blaine (2013)

Ingrid Carney (2011) Past president

Sue Elliott (2011)

Amanda Rivera (2012) Jeff Ronneberg (2013) Kenneth Salim (2013) President-elect

Granger Ward (2013)

Editor: Anthony Armstrong Designer: Kitty Black

Tool kit FOR TOUGH TIMES

e have amassed a collection of Learning Forward resources that support Joellen Killion's advice for helping your teaching staff get through these difficult times. Simply click the title of each resource to go directly to the download page, which is free with your membership, or available for purchase for nonmembers. Page 6 includes a discussion protocol to help you review and discuss resources with your team.

More resources are available in our searchable archives and Evidence Database.

CREATE HONEST AND SAFE WORK ENVIRONMENTS

ARTICLES

Trust matters — for educators, parents, and students Tools for Schools, FALL 2010

A learning community is built on trust The Learning Principal, APRIL 2009

The trust factor: Schools change when coaches build relationships with teachers The Learning Principal, FEBRUARY 2008

Math facilitator adds trust and multiplies effectiveness Teachers Teaching Teachers, SEPTEMBER 2005

TOOLS

Let's get acquainted A portrait of trust Teachers Teaching Teachers, NOVEMBER 2010

Trust factors Teachers Teaching Teachers, OCTOBER 2009

BOOKS

The life cycle of leadership: How to survive and thrive in today's schools Learning Forward, 2010

Change, lead, succeed **NSDC, JULY 2010**

ARTICLES

Lessons from a coach: Listening can cultivate growth Teachers Teaching Teachers, FEBRUARY 2010

Collaborative culture: Raise the level of conversation by using paraphrasing as a listening skill JSD, SPRING 2008

Math coach adds listening skills to her repertoire Teachers Teaching Teachers, APRIL 2006

LISTEN DEEPLY

Practice the discipline of committed listening The Learning Principal, DECEMBER 2005

Listen carefully: Good communication skills build relationships that foster school improvement Tools for Schools,

OCTOBER/NOVEMBER 2002

Listen fully Teachers Teaching Teachers, APRIL 2006

TOOLS

Listen to understand teachers' unique needs Teachers Teaching Teachers, NOVEMBER 2005

Resources about listening Listening fully Tools for Schools, OCTOBER/NOVEMBER 2002

FOCUS ON THE TRANSITION PROCESS

ARTICLES

4 key strategies help educators overcome resistance to change Tools for Schools, WINTER 2011

Blending together, step by step: Principal uses professional learning to combine two school cultures into one JSD, JANUARY 2009

Research can build optimism about change The Learning System, NOVEMBER 2007

Understand, anticipate the process of change The Learning Principal,

ARTICLES

The changing role of central office staff: Administrators provide a crucial link to learning resources The Learning System, SPRING 2010

The husbandry of resources The Learning System, MARCH 2009

The gift of time: School get creative to carve out collaborative time for teachers

The Learning Principal, NOVEMBER 2008

Role of the school-based coach: **Resource provider** Teachers Teaching Teachers, APRIL 2007

No. 1 resource has a human face Teachers Teaching Teachers, APRIL 2007

Time to learn from and with each other The Learning Principal, APRIL 2007

Finding time for teams JSD, JANUARY 2007

Dollars and sense JSD, SUMMER 2003

What your district's budget is telling you JSD, SUMMER 2003

10 do and don't assumptions about change The Learning Principal, NOVEMBER 2005

Understanding change process key to changing practice The Learning System, NOVEMBER 2005

Anticipate change: Design a transition meeting **JSD,** FALL 2004

TOOLS

change message

NOVEMBER 2005

Leading edge: Ask for more, but focus on doing better with what's at hand JSD, SUMMER 2003

Think outside the clock: Create time for professional learning

How to find time

Districts that have found time Tools for Schools. AUGUST/SEPTEMBER 2002

How to figure the cost of professional development JSD, SPRING 2002

Cracking the calendar JSD, SUMMER 2000

Time: It's made, not found **JSD,** FALL 1999

TOOLS

The Learning Principal, DECEMBER/JANUARY 2010

Resources about time Tools for Schools. AUGUST/SEPTEMBER 2002



Demonstrators express their opinions in Los

Make professional learning a joyful

Promoting effective teamwork means

laying a solid foundation

Angeles in February.

BLOG POSTS

experience

AUGUST 9, 2010

JANUARY 5, 2010



School's orientation to change Tools for Schools, WINTER 2011

6 considerations for delivering a

Tools for Schools, WINTER 2011

MAXIMIZE RESOURCES

Schools that have found time

Achieving NSDC's resources standard

BLOG POSTS

Professional learning resolutions for the new year JANUARY 10, 2011

Make clear your theory of change APRIL 1, 2010

Professional development change we can believe in JULY 28, 2010

WEBINAR Creating conditions for changes in practice

BOOKS

Finding time for professional learning **NSDC**, 2008

From the inside out: Learning from the positive deviance in your organization **NSDC**, 2004

BLOG POSTS

Find strength in numbers MARCH 30, 2009

WEBINARS

Stretching PD dollars

Creating effective teacher professional development in tough economic times

A discussion protocol

his protocol provides a means for a group to discuss a short reading, such as one of the resources provided on pp. 4-5. While this strategy works best for articles, it can be adapted for a book by breaking the book into chapters.



- 1 Have an entire group read silently.
- 2 If the group is large, break down the larger group into smaller groups of five to six participants for this discussion.
- 3 Invite one participant in each group to begin by selecting one idea that they most want to share with others. There should be no dialogue during this sharing. *Time: 2 to 3 minutes.*
- 4 In a round-robin fashion, the next person suggests another idea. Again, no dialogue during this sharing. *Time: 2 to 3 minutes.*
- 5 Continue this until every participant has had an opportunity to talk. Continue doing rounds of sharing until participants have exhausted their comments or your time has expired.

Source: Adapted from the National School Reform Faculty, www.nsrfharmony.org.



Virtual relationships: Where and when do your best conversations take place?

eacher leaders meet with classroom teachers regularly throughout the school year to gain insight on new practices, ideas, and perspectives; hone and refine skills; and discuss student needs. Some proponents of online networks declare that relationships established or sustained online can continue to support these types of connectivity, collaboration, and learning. Others have common objections - its disruptiveness, lack of authentic face-to-face interaction, and potential to overshadow what is labeled "real" life. At the same time, there is a clear understanding that social media are here to stay. In our current culture and economy, virtual relationships will increasingly connect people across media and influence how students live and learn.

In the popular book, Wikinom-

ics: How Mass Collaboration Changes Everything (2006), Don Tapscott and Anthony Williams outline four principles that characterize virtual networks: being open, peering, sharing, and acting globally. These four principles are inherent in successful educator collaborations. They demonstrate a new age where people can and are expected to become actively involved in their own learning. They also provide a powerful lens for considering how to best implement the Collaboration standard.

The standard for collaboration states that professional development that improves student achievement integrates three critical elements: social interaction, interpersonal support, and creative problem solving. The Collaboration standard focuses professional learning on the core elements of teaching, emphasizing that collaboration as well as new forms of mass communication are essential to integrating these principles to produce the results desired. Districts, school leaders, teacher leaders, instructional technology specialists, and coaches have the opportunity to ascertain and develop the knowledge and skills necessary to improve the quality of collaborative work.

Being open

Being open to new ideas, thinking, and tools moves teacher leaders into a new space for exploring and sharing with other teachers a wide array of possibilities for staying both current and relevant when meeting students' learning needs. This self-directed, passion-driven approach to learning can be developed through online relationships by contributing or subscribing to blogs, wikis, and podcasts focused on a variety of education topics. Moving *Continued on p. 8*



Continued from p. 7

beyond conventional learning and viewing the use of online tools for the purpose of better connecting people can be a difficult shift for some. It is, however, this vulnerability to change that opens up the opportunity for interpersonal support among peers that will strengthen collegial efforts.

Peering

Harnessing ideas and opinions from a virtual peer group can be a non-threatening way for teacher leaders to express thoughts, challenges, and perspectives around topics while gaining perspectives and resources. Building an online professional learning network allows teacher leaders and coaches to enlist others in assisting and supporting their efforts to move classroom teachers beyond their own knowledge and skills and benefit from the expertise of a larger group of professionals. Educators can connect online in a variety of social network sites, including Twitter, Facebook,

COLLABORATION STANDARD

Staff development that improves the learning of all students provides educators with the knowledge and skills to collaborate. Flickr. At times, virtual relationships can transition into face-to-face relationships. Participation in area-sponsored or content-focused meetups and Tweetups are examples of opportunities for offline relationships to develop. These events are widely attended by conference participants who follow

YouTube, LinkedIn, and

the backchannel, a real-time online conversation that takes place at the same time as a conference session, typically on Twitter.

Communities of practice

Online communities are popping up everywhere among professional and personal associations focused on a defined community with a common interest in a specified practice. They have been designed to build, engage, Social media enables learning to happen unrestricted by physical location and can easily become the learning lounge for teachers to convene for reflective dialogue about teaching and learning.

and sustain communities of practice using Ning, Moodle, or other social web sites. These new platforms are customized to allow educators to capture and share best practices, collectively solve problems, cultivate professional development, and network with colleagues. Most sites are comprehensive and provide subscribers with a variety of opportunities to collaborate and share resources while also offering other learning opportunities, including webinars, virtual conferences, and discussion groups. These environments approach learning as a social endeavor, determining solutions and building innovations in common areas of concern. By collectively expanding the knowledge base of educators, these kinds of virtual relationships can assist teacher leaders in moving agendas forward and add value to current instructional goals.

Acting globally

No longer do teachers need to feel isolated in their own classrooms or even limited to the knowledge of their own school or city limits. Internationally, educators are convening online to connect, collaborate, and create with one another out of a desire to engage with others with widely different perspectives. This social learning has allowed groups of educators, including superintendents, principals, teachers, and support staff, to meet weekly online to chat about specific topics, exchange resources, and discuss education dilemmas. This new opportunity allows educators to collaborate beyond their schools with other professionals from Frisco, Texas, to Stuttgart, Germany, to Windsor, Ontario, to New Milford, New Jersey.

Apart from networking, marketing, and branding, virtual online relationships allow educators to contribute to the learning of others while acquiring social media competencies. Making time for teachers to participate in extended learning opportunities and engage in productive collaborative community continues to be an area in need of improvement. Social media enables learning to happen unrestricted by physical location and can easily become the learning lounge for teachers to convene for reflective dialogue about teaching and learning. By both harnessing and leveraging the use of virtual relationships and multiple forms of social learning, educators can continue to model and mimic the same innovative learning expectations we have for students, thus becoming 21st-century educators that serve 21st-century students.

Reference

Tapscott, D., & Williams, A. (2006). *Wikinomics: How mass collaboration changes everything.* New York, NY: Penguin.

Jacqueline Kennedy (jacqueline. kennedy@learningforward.org) is associate director of special projects of Learning Forward.



With a wardrobe of strategies, we can select one that fits

By Valerie von Frank

What coaching strategies work best for you?

What's helped the most is having a variety of strategies. You have to pick the right one for the right moment with the right person. Knowing which is based on building relationships.

I spent the whole first year building relationships. Getting into the classroom is a huge accomplishment. At first, I would go in with any excuse related to instruction. We'd just had a social studies curriculum adoption, so I would tell them I would deliver materials to them rather than have them wait for the custodial staff to do it. I would listen and watch, then later compliment the teacher on something she was doing. In the second year, teachers started coming to me.

The principal and I now do daily walk-throughs using forms we created specifically related to our school improvement plan. The form focuses on objectives, such as whether students are engaged, objectives posted, and whether the teacher is differentiating instruction. We watch and take notes, and then we both go out of the class and fill out the form together. We always offer two positives and an idea or a question. Next, one of us goes in and takes over the class and the teacher comes to talk to the other in the hallway, getting immediate feedback. Then we both go back in the classroom, and the person who's taken over is implementing the idea so the teacher can see it in action. We make it a goal to see each teacher once a week.

At first, some teachers did not want their instruction interrupted, so we picked four teachers and asked if they would help us learn this process. Within two months, other teachers we said wouldn't want to do in-out coaching asked why we hadn't come to their classrooms.

It's not always the right time to do in-out coaching, so sometimes we might leave a note, catch a

teacher after school, or whisper coach while the teacher is teaching. We have teachers observe one another if the principal or coach is there to whisper to them throughout about what they are seeing. A lot of coaching is just asking questions.

Valerie von Frank (valerievonfrank@aol.com) is an education writer and editor of Learning Forward's books.

Joylyn McCain (Joylyn. McCain@wesdschools. org.) is an instructional coach at Sunnyslope Elementary School in the Washington Elementary School District in Phoenix, Ariz.

Join Learning Forward's Academy Class of 2013.

The Learning Forward Academy is an extended and profound learning experience that models the organization's vision for professional learning and teamwork in schools. Academy members work collaboratively to learn about and solve significant student learning problems that occur within their schools, districts, or organizations.

- Share 2¹/2 years of inquiry- and problem-based learning (July 2011 Dec. 2013)
- Experience face-to-face, team-based learning during 12 Academy learning days
- Participate in virtual learning experiences and collaborative conversation between sessions

Learn more and apply at www.learningforward.org/academy *Don't delay — just a few spots left!* • 1-800-727-7288 • www.learningforward.org

"The Academy experience has taught me a lot about myself and has helped me see myself as a teacher-leader. I am more than a coach. I can provide and sustain learning in ways that empower teachers and allow teachers to see their own abilities, not mine." — BRENDA KRUPP, ELEMENTARY PROFESSIONAL DEVELOPMENT COACH



Save \$50

on a 3- or 4-day registration when you register by April 30, 2011.

Save these dates! July 17–20, 2011 JW Marriott • Indianapolis

Who should attend:

- Teacher leaders
- Principals and assistant principals
- Mentors, coaches, and instructional specialists
- Staff developers
- Curriculum consultants
- District office administrators
- Program developers
- Technical assistance providers

learningforward

KEYNOTE SPEAKERS:

Over 175 breakout sessions will address:

- Learning communities
- Technology
- Professional learning processes
- The learning gap
- New teacher support
- Teacher leadership
- Administrator development



Embrace the Journey

for School-Based Professional Learning

2011 SUMMER CONFERENCE For Teacher Leaders and the Administrators Who Support Them



wendy Robinson



IAN JUKES

MARY CULLINANE



SARAH WESSLING (2010 National Teacher of the Year) JIM WINTER

(Wavelength)

Learn more and register at www.learningforward.org/summer11